

# THE OLIVE AND THE GRAPE

Mentor West Side Market Tower City

440-257-0778 216-771-0778 [www.theoliveandthegrape.biz](http://www.theoliveandthegrape.biz)

## RED WHITE AND BLUE SALAD

On a bed of mixed field greens and spinach, top with: Gorgonzola Cheese, Grilled Chicken Breast, ***Dried Cherries*** (preferably Michigan cherries), and walnuts, pecans or pine nuts. Other ingredients may be added as desired.

## RED WHITE AND BLUE DRESSING

In a cruet, add one part ***oil (olive, grapeseed or walnut\*)*** to one part ***Red White and Blue Vinegar***. Mix and drizzle over salad. You may adjust the oil to vinegar proportion to your liking.

\****Walnut oil*** is usually the oil of choice for this dressing.

***Red White and Blue Vinegar*** is an exclusive product of THE OLIVE AND THE GRAPE. It is a white balsamic vinegar with Michigan cherries and blueberries.

Items in ***bold italic*** are available at THE OLIVE AND THE GRAPE.